

# how to BRUSH YOUR TEETH

## Dental Health Freebie



Wet and put toothpaste on my brush.



Brush my teeth for two minutes.



Rinse with water and spit in the sink.



Floss between my teeth.



Wet and put toothpaste on my brush



Floss between my teeth



Brush my teeth for two minutes



Rinse with water and spit in the sink.

Name: \_\_\_\_\_

### Brush Your Teeth!

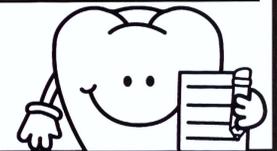
Directions: Put the steps in order to show how to brush your teeth.

1

3

4

How many times a day should you brush your teeth? \_\_\_\_\_



The Printable Princess

# Thank You

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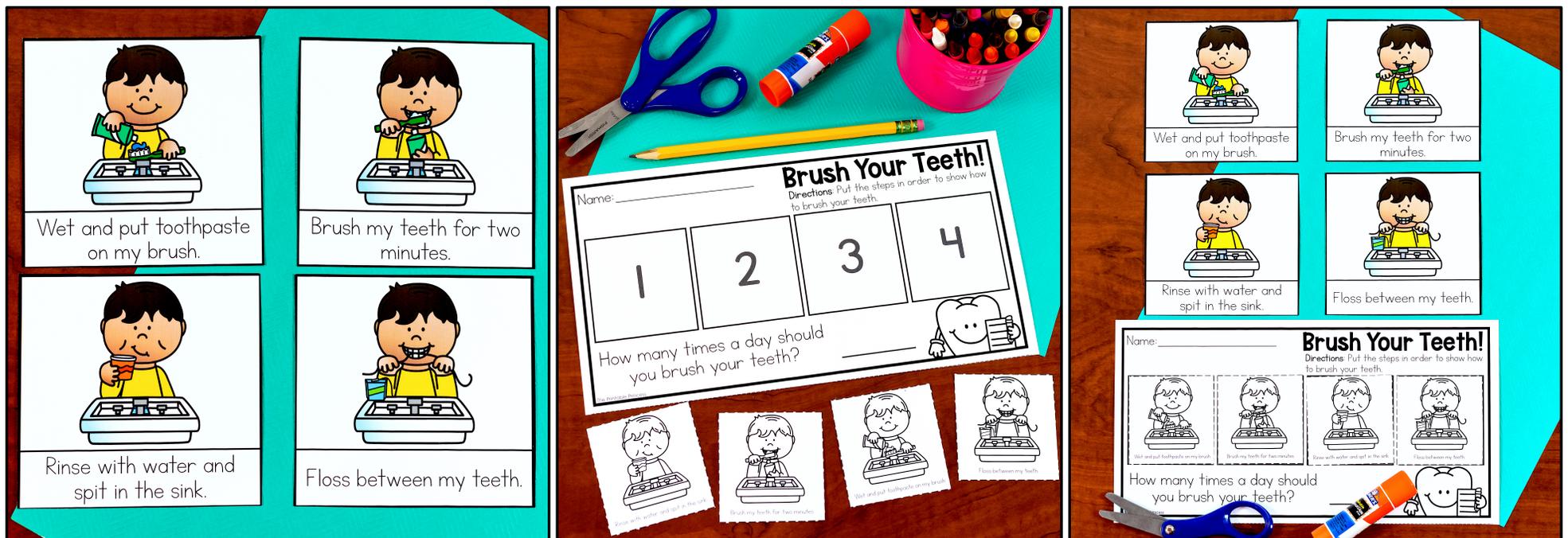
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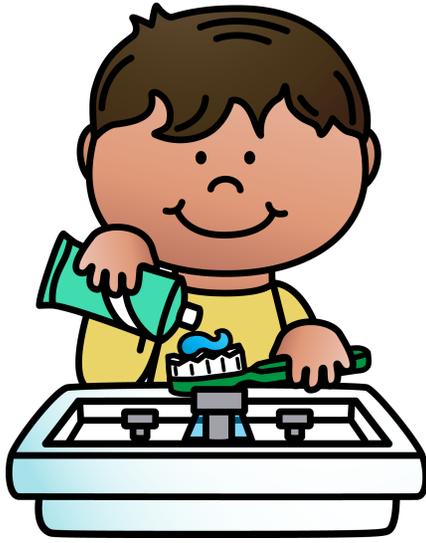


# About this resource..

This activity is designed to help students learn the steps to brushing their teeth. This is a great activity for Dental Health month or to practice sequencing.

Included in this resource are step-by-step picture cards as well as cut and paste recording sheet. The picture cards are perfect for a class discussion while the recording sheet allows students to apply their sequencing knowledge. You'll want to print the picture cards on cardstock and laminate them for durability.





Wet and put toothpaste  
on my brush.



Brush my teeth for two  
minutes.

The Printable Princess



Rinse with water and  
spit in the sink.



Floss between my teeth.

Name: \_\_\_\_\_

# Brush Your Teeth!

Directions: Put the steps in order to show how to brush your teeth.

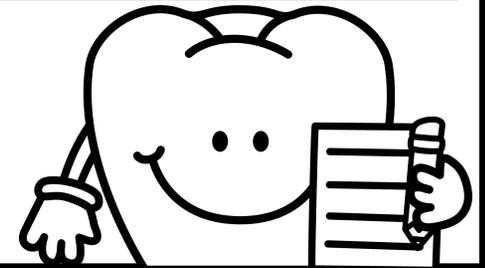
1

2

3

4

How many times a day should you brush your teeth? \_\_\_\_\_



The Printable Princess



Brush my teeth for two minutes.



Floss between my teeth.



Wet and put toothpaste on my brush

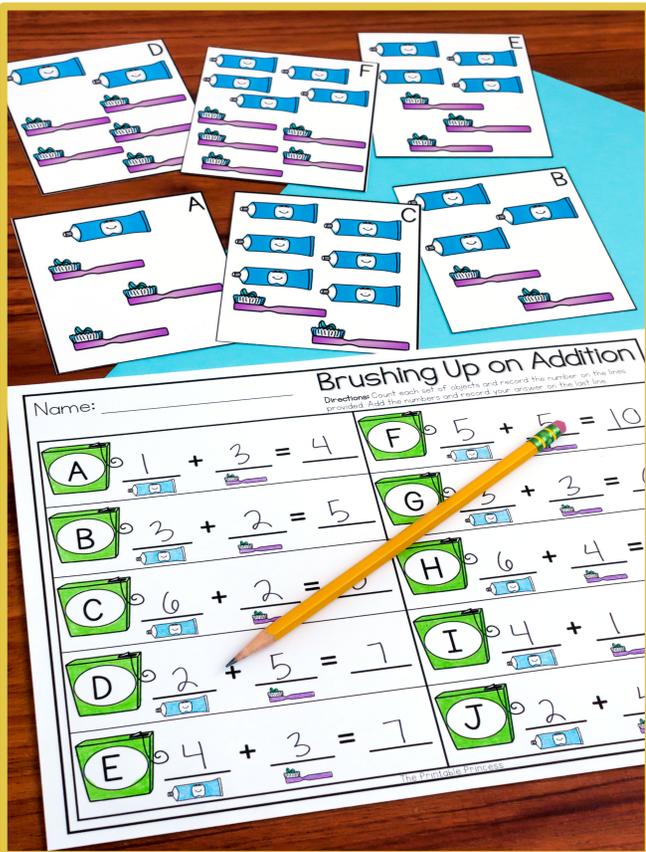


Rinse with water and spit in the sink.

# THANK YOU TO THE FOLLOWING..



# for sharing your talent!



Click on the pictures above to check out more dental health activities!



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