

Hand Motions for Teaching Letters and Sounds

Aa pretend to eat an apple

Bb pretend to rock a baby

Cc pretend to cut, open and close your fingers like scissors

Dd put your palms together over your head, pretend to dive into the water

Ee make an elephant trunk with your arm

Ff hold up five fingers

Gg pretend play a guitar

Hh stroke or point to your hair / head

Ii softly scratch an itch on your arm

Jj lay one hand flat, use two fingers from the other hand to jump

Kk pretend to use a key and open a lock

Ll pretend to lick a lollipop

Mm rub your belly like the food is mmm good

Nn point to your nose

Oo use your hand and wiggle your fingers to make an octopus

Pp put your palm up and pretend to toss a pizza in the air

Qq open and close your hand to quack like a duck

Rr pretend to rip a piece of paper

Ss move your hand like a snake

Tt point arm toward ground, bend elbow, and move it back and forth like the tick-tock of a clock

Uu point up

Vv make a "v" with two fingers, turn fingers towards ground and pretend to vacuum

Ww wave to a friend

Xx round your arm to make a bowl and use the other hand to mix (or make an X with arms)

Yy pretend to yawn

Zz pretend to zip a zipper